



JANUARY SUPPORT GROUPS

BEST (Becoming Empowered and Successful Teens) and Parent Transition Support Group

- No meeting in January

Personal Assistant Employers Group

- Tuesday, January 31
- 3:00 to 4:30 at SCIL
- Call Bradley at 217-523-2587v/tty for more information

Heads Up Group

- Sunday, January 15 1:00 to 3:00 p.m.
- O'Charley's 4241 Conistoga Drive near Meijer
- Originally our holiday luncheon canceled in December.
- Contact Dave at 217-523-2587 v/tty by Friday January 13th to RSVP.

Post Polio Group

- Saturday, January 21
- 10:00 am to noon at SCIL
- Call Bradley at 217-523-2587 v/tty for more information



**SPRINGFIELD CENTER FOR
Independent Living**

**330 S. Grand Avenue West
Springfield, IL 62704**

For further information about any support groups, or if Braille, large print, or an interpreter are needed, please contact SCIL at 523-2587 V/TTY two weeks in advance.