



## JANUARY SUPPORT GROUPS

### **BEST (Becoming Empowered and Successful Teens) and Parent Transition Support Group**

- \* Wednesday, January 10
- \* 6:00 p.m. to 7:30 p.m.
- \* Meeting at the Early Learning Center, 2501 S. 1<sup>st</sup> Street, Springfield, IL
- \* Panel of Experts: “Ask the Expert: SSI/SSI, PUNS, Guardianship and Trusts”  
Question and Answer session after talk.
- \* Pre-Registration is required.

### **Heads Up Group (for those with a traumatic brain injury)**

- \* Sunday, January 21
- \* 2:00 p.m. to 4:00 at SCIL
- \* For more information contact Dave at SCIL, 217-253-2587 v/tty

### **Memorial Center Support Group**

- \* Monday, January 1
- \* 4:00 p.m. to 6:00 p.m.
- \* Support group is at Memorial Center
- \* For more information call 217 788-3461 or Memorial Rehab Services at 217 788-3300.

### **Post Polio Group**

- \* Saturday, January 20
- \* 10:00 am to noon at SCIL
- \* Call Pete at SCIL at 217-523-2587 v/tty for more information



**SPRINGFIELD CENTER FOR  
Independent Living**

**330 S. Grand Avenue West  
Springfield, IL 62704**

For further information about any support groups, or if Braille, large print, or an interpreter are needed, please contact SCIL at 523-2587 V/TTY two weeks in advance.