



May your blessings
outnumber
The shamrocks that
grow,
And may trouble avoid
you
Wherever you go.

Irish Blessing



**MARCH
SUPPORT
GROUP**

BEST (Becoming Empowered and Successful Teens) and Parent Transition Support Group

- ✧ Wednesday, March 8
- ✧ 6:00 p.m. to 7:30 p.m.
- ✧ At Illinois Assistive Technology Program office, 1020 S. Spring Street, Springfield, IL 62704
- ✧ Topic: Transition to the Post Secondary World
- ✧ Call Roseanne at SCIL, 217-523-2587 v/tty for more information

Post Polio Group

- ✧ Saturday, March 18
- ✧ 10:00 a.m. to noon at SCIL
- ✧ Call Bradley at 217-523-2587 v/tty for more information

Memorial Rehab Services Support Group

- ✧ Monday, March 6
- ✧ 4:00 p.m. to 6:00 p.m.
- ✧ Support group is at Memorial Medical Center, Conference Room B149, on the first level.
- ✧ For more information call 217 788-3461 or Memorial Rehab Services at 217 788-3300.

Heads Up Group (for individuals with traumatic brain injuries)

- ✧ Sunday, March 19
- ✧ 2:00 to 4:00 p.m. at SCIL
- ✧ Call Dave at 217-523-2587 v/tty



**SPRINGFIELD CENTER FOR
Independent Living**
330 S. Grand Avenue West
Springfield, IL 62704