



July Support Group



BEST (Becoming Empowered and Successful Teens) and Parent Transition Support Group

★ Will not meet in July

Heads Up Group (for those with a traumatic brain injury)

- ★ Sunday, July 15
- ★ 2:00 p.m. to 4:00 at SCIL
- ★ For more information contact Dave at SCIL, 217 523-2587 v/tty

Memorial Center Support Group

- ★ Monday, July 2
- ★ 4:00 p.m. to 6:00 p.m.
- ★ Support group is at Memorial Center
- ★ For more information call 217 788-3461 or Memorial Rehab Services at 217 788-3300.

Post-Polio Group

- ★ Saturday, July 21
- ★ 10:00 to noon, at SCIL
- ★ For more information contact Starla at SCIL, 217 523-2587 v/tty



SCIL

**SPRINGFIELD CENTER FOR
Independent Living**

For further information about any support groups, or if Braille, large print, or an interpreter are needed, please contact SCIL at 523-2587 V/TTY two weeks in advance.